

Trinity County

Maternal Child and Adolescent Health Community Profile 2017-18

Demographics

Our Community

Total Population ¹	13,546
Total Population, African American	39
Total Population, American Indian/ Alaskan Natives	533
Total Population, Asian/Pacific Islander	201
Total Population, Hispanic	1,095
Total Population, White	11,112
Total Live Births ²	100

Our Mothers and Babies

% of women delivering a baby who received prenatal care beginning in the first trimester of their pregnancy ²	54.7%
% of births covered by Medi-Cal ²	68.0%
% of women ages 18-64 without health insurance ³	20.9%
% of women giving birth to a second child within 24 months of a previous pregnancy *	46.6%
% live births less than 37 weeks' gestation ²	6.4%
Gestational diabetes per 1,000 females age 15-44	6.6
% of female population 18-64 living in poverty (0-200% FPL) ³	45.7%
Substance use diagnosis per 1,000 hospitalizations of pregnant women*	111.1
Unemployment Rate ⁴	14.6

Our Children and Teens

Teen Birth Rate per 1,000 births (ages 15-19) ²	22.4
Motor vehicle injury hospitalizations per 100,000 children age 0-146	##
% of children, ages 0-18 years living in poverty (0-200% FPL) ³	59.4%
Mental health hospitalizations per 100,000 age 15-24*	1,569.7
Children in Foster Care per 1,000 children ⁵	27.6
Substance abuse hospitalization per 100,000 aged 15-24*	1,191.7

Data sources: ¹ CA Dept. of Finance population estimates for Year 2015, January 2013; ² CA Birth Statistical Master Files 2011-2013 Annual Average, 3 year average; ³ California Health Interview Survey, 2014; ⁴ [State of California, Employment Development Department, February 2017](#); ⁵ [Data from CA Child Welfare Indicators Project, UC Berkeley Point in Time Jul 2015](#); ⁶ [California Department of Public Health, Safe and Active Communities Branch](#); *Data carried over from the Community Profile 2015-2016. Not updated.

About Our Community – Health Starts Where We Live, Learn, Work, and Play

1) Trinity County is a small frontier county in Northern California. The land mass of the county is very large with 3,208 square miles. The population of Trinity County is 13,546 people and the population density is approximately 4.2 persons per square mile. Trinity County consist of small isolated communities that are spread out over large geographic mountainous terrain. There are no incorporated towns in Trinity County and the county seat is Weaverville with approximately 3,500 people. The next largest community is Hayfork with approximately 2,400 people. Some individuals in the outer communities consider a trip to Weaverville a trip to the city, and some individuals, do not leave the community in which they live.

2) The Trinity County labor workforce consists of approximately 4,910 workers, with an unemployment rate of 8.1 (February 2017). Across all industries, the Labor Market Information Division of the California Employment Development Department documented that there were 2,840 jobs (February 2016), indicating that the largest industry in Trinity County is the service industry, providing 2,560 jobs. The government sector provides 1,290 jobs, while the private sector provides 1,530 jobs. In the Private sector the main employers are: Trinity River Lumber Company, Trinity Hospital, Tops Superfoods, and Trinity Lake

Resort. The Government sector include jobs such as: The US Forest Service, County Government, County School and Educational Services. The per capita personal income for 2013 was \$34,991; the percent of individuals living below poverty level was 19.7%.

3) The County has many different options for recreational activity. Throughout Trinity County there are different community forest and established hiking trails and bicycle trails. Trinity County has a variety of rivers, creeks, lakes and other bodies of water that provide residents with the ability to fish, kayak and go rafting. Most of the communities have parks and the school grounds are open to the public after school hours. Even though there are many recreational outlets in Trinity County the walkability varies widely from zip code to zip code; depending on where you live in Weaverville you may still need a car to access services. Most of the communities are considered car dependent in Trinity county and this is due to lack of urban built environment in a rural community.

Health System – Health and Human Services for the MCAH Population

Trinity County has many different programs throughout the county that help to improve the health of the MCAH population. Combining multiple units and programs allows us to perform more effective intake and provide the following for the MCAH population:

- Public Health offers free pregnancy testing and counseling regarding reproductive services. Referrals come in from the Social Services and WIC programs. Women who have positive tests are counseled on services that are available to them and referred for case management. Women who have negative pregnancy tests are given information about provider offices, information about STDS, birth control and condoms.
- Public Health also offers free breastfeeding classes, Tdap immunizations for pregnant women, and free immunizations to those who cannot access these services. Public Health also collaborates with the WIC and MCAH Nursing programs to ensure that high risk mothers/children under 5 are referred to MCAH Nursing for follow-up and case coordination services. WIC serves over 250 families per year, providing nutrition education and screening/referrals.
- Public Health and the schools have funded and provided mobile dental services for two consecutive years, providing dental services to children, and Public Health utilizes a Dental Van to provide dental services to high-risk adults and children under five.
- In the past year Trinity County Public Health Division of Health and Human Services is focusing efforts on outreach, continuing to allocate two positions for health education and outreach. We are currently focusing on the importance of prenatal care and well-child visits, and are making efforts to conduct a Safe to Sleep campaign, through direct advertising.
- Meetings have been occurring between Public Health and the local Healthcare District about prenatal care and reproductive care and options for starting services. Through these efforts the Perinatal Council was formed, consisting of different programs that interact with families. Perinatal Council meets to discuss the needs of the MCAH population and to develop services or strategize how programs can work together to collaborate.
- Trinity County Behavioral Health works closely with schools to screen and provide behavioral health resources.
- Trinity County AODs program offers drug counseling services for women who are pregnant and abusing substances. Case management and coordination are provided and rehabilitation services are provided outside of the county.
- Partnership HealthPlan of California (PHC), Trinity County's managed care plan, offers a perinatal program that is a telephonic case management program to ensure that women are into services during their pregnancy. Information about the program is provided to women who are being served by Public Health program. All Trinity County's Rural Health Clinics and the FQHC are enrolled in PHC and are registered as a CHDP providers.
- Public Health and WIC work closely with the Human Response Network (HRN). HRN provides parental support to high risk families and promotes health education and child and domestic abuse awareness. HRN also partners with HHS for the Tobacco Education program, providing information and support to direct services programs regarding pregnancy and smoking and second hand and smoking, as well as provides tobacco education programs in the schools.

- Public Health partners with HRN to promote and provide support for their Welcome Baby home visiting program.
- CHDP nurse follows up with families of children who need specialty referrals and refers to the CCS (California Children's Services) program as appropriate. Trinity CCS children receive MTU services, as well as medical coordination assistance. We also work with PHC and the local clinics to coordinate potential CCS referrals.
- The Nutrition and Obesity Prevention Programs collaborates in a Coalition called TCAN which help improve nutrition education and prevent obesity through community education and school based education.

Health Status and Disparities for the MCAH Population

Trinity County is a small isolated county and resources are limited. There are limited Healthcare providers to serve the population and this is a barrier for pregnant women. Families are often isolated and individuals must go out of the county to seek healthcare services. This is a hardship for preventative care and disease management. The Poverty rate in Trinity County is high and median household income is low. There is a lack of resources spread through-out the county and limited opportunities for individuals to progress in Trinity County and get out of poverty.

- Dental care access for low-income children and pregnant women is limited. Currently there are no dental providers in Trinity County that accept Medi-Cal, nor are there dental services for low-income pregnant women. HHS is aware of these disparities and has made efforts to fund mobile dental services the last two years for adults and non-school aged children, while working with the schools to promote and refer annual mobile dental services at the local schools
- Prenatal Care access is limited for pregnant women and early entry into prenatal care is low. There is one local private OB provider who provides prenatal care. There are no CPSP providers within the county. The majority of the women are traveling to adjacent counties to receive prenatal care. There is no delivery system in Trinity County, so women also go to adjacent counties to deliver. Some women may have to travel two hours to receive prenatal care. There have been discussions with local clinics about prenatal care. Barriers to the clinics being able to provide prenatal care: 1) Lack of qualified Healthcare Providers 2) No staff resource and time to dedicate to the development of a prenatal program.
- Substance abuse diagnosis are high in women from 15-44 years of age. Trinity county AODS offers services to pregnant women. However, there are limited services for rehab within the county and in the North State for women. Rehabilitation services are limited for all women. However, it seems over the last three years, we have shown improvement, of course the rates are still high, but we are seeing a trend towards improvement. This can be attributed to having increased access to primary care providers through the local clinics, managed care services and programs like Beacon behavioral health services.

